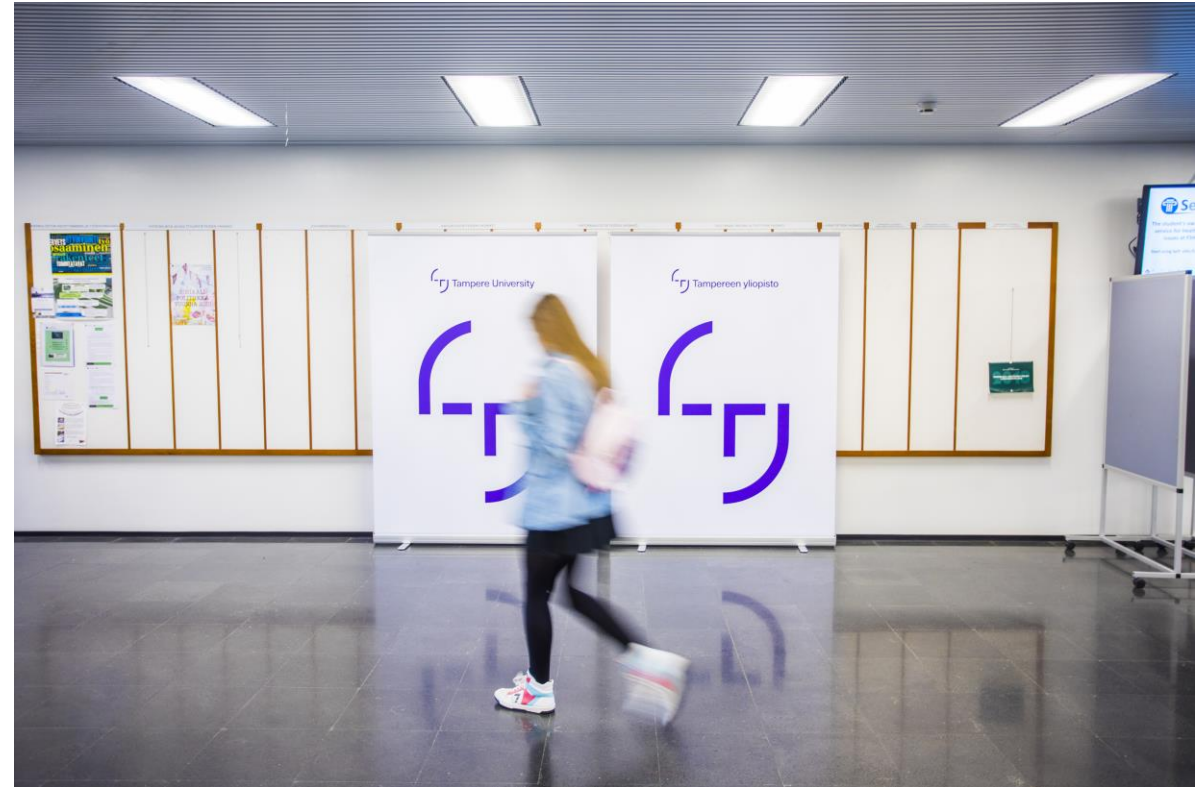


NordMaG

- Faculty of Social Sciences, Unit of Health Sciences and Gerontology Research Center, Tampere University, Finland



Tampere University (TAU)

Tampere University is one of the most multidisciplinary universities in Finland. It brings together research and education in **technology, health and society**.



4,200

employees



23,200

students



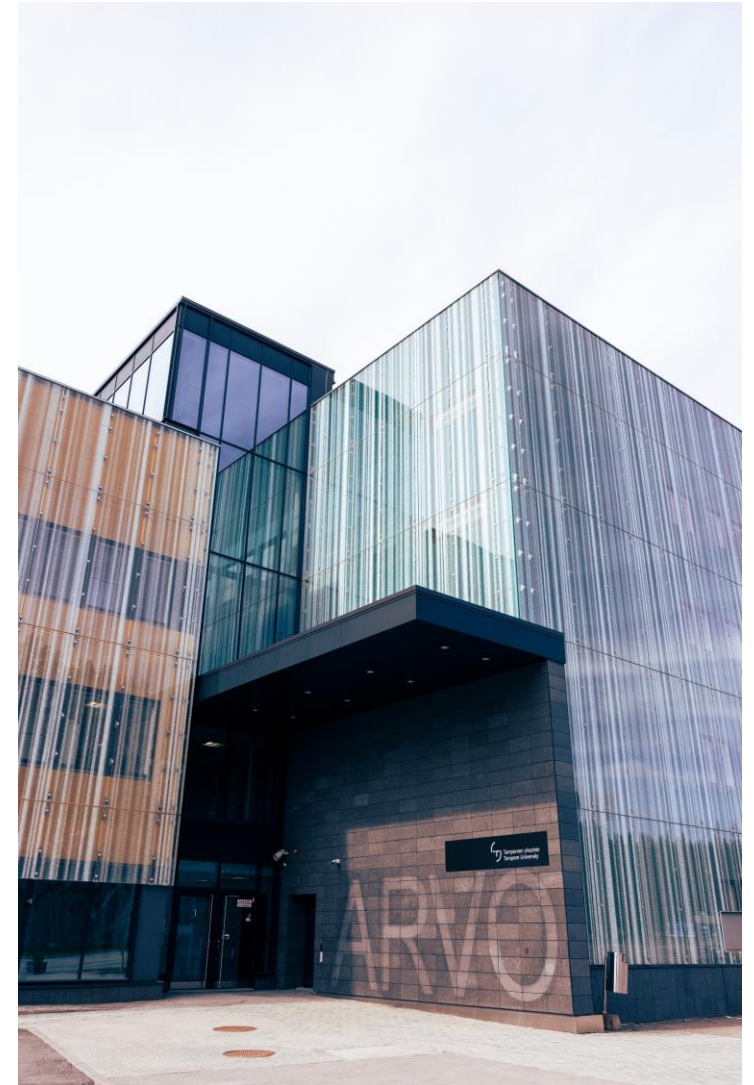
4,800

degrees per year

NordMaG at TAU

- NordMaG is an elective study module (30 cr) and is part of the Master's Programme in Public Health 120 cr, full-time, 2 years
- Application period for NordMaG studies: from 15 April to 15 May in 2026
- The course offered for NordMaG at TAU is Aging and life course 5 cr, KAN.350

<https://opiskelijanopas.tuni.fi/en/tampere-university/curriculum/course-units/uta-ykoodi-40072?year=2025>



People at TAU

- Gerontology research group is responsible for the course
- In 2026, the responsible teacher is Linda Enroth



Linda Enroth



Anu Siren



Katariina Tuominen

Aging and life course

General information

- Runs every second year in English 2026, 2028, 2030
- Period III, Spring 5th January – 22nd February 2026

Execution of the course

- Five seminar days and an exam
- Hybrid/online
- Grading scale 0-5

Enrollment to the course

- Students register via a Forms link submitted to the student office. Contact information will be provided later.
- With confirmed exchange student status, you can register to the course through the TAU study information system (Sisu)
- Student registration takes place during the fall before the enrollment period begins.
- Enrollment period for the course: 15.11-15.12.2028

Content of the course

- **Seminar 1.** Aging of the populations and increasing longevity
- **Seminar 2.** Health and functioning in old age
- **Seminar 3.** Life-course approach to healthy aging
- **Seminar 4.** Health and social care services for older people
- **Seminar 5.** Social disparity in health outcomes

THE COURSE IS PART OF THE ADVANCED STUDIES IN PUBLIC HEALTH



AGING AND LONGEVITY



LIFE-COURSE APPROACH TO HEALTHY AGING

DETERMINANTS AND INDICATORS OF HEALTH AND WELLBEING IN OLD AGE



**We warmly welcome
you to Tampere,
whether online or
onsite!**

Contact:
linda.enroth@tuni.fi

